### Framework of Continuing Professional Development Activities

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| **Section 1:** Group learning | Accredited group learning activities | Conferences, rounds, journal clubs or small-group activities that adhere to Royal College standards. Accredited group learning activities can occur face-to-face or online. | • Accredited rounds, journal clubs, small groups  
• Accredited conferences | 1 credit per hour |
|          | Unaccredited group learning activities | Rounds, journal clubs, small-group activities or conferences that have not been submitted for accreditation and have no industry sponsorship. | • Unaccredited rounds, journal clubs, small groups or conferences | 0.5 credits per hour (maximum of 50 credits per cycle) |
|          | Planned learning                  | Learning activities initiated by a physician (independently or in collaboration with peers or mentors) to address a need, problem, issue or goal relevant to their professional practice. | • Fellowships  
• Formal courses  
• Personal learning projects  
• Traineeships | 100 credits per year  
25 credits per course  
2 credits per hour  
2 credits per hour |
|          | Scanning                          | Learning activities used by a physician to enhance their awareness of new evidence, perspectives or discoveries that are potentially relevant to their professional practice. | • Reading a book  
• Reading a book chapter  
• Reading a journal volume  
• Reading a journal article  
• Bulk journal reading with transcript  
• Bulk online reading/scanning with transcript  
• Podcasts, audio, video  
• Internet searching (Medscape, UpToDate, DynaMed)  
• POEMs | 10 credits per book  
2 credits per chapter  
2 credits per volume  
1 credit per article  
1 credit per article  
1 credit per hour  
0.5 credits per activity  
0.5 credits per activity  
0.25 credits per activity |
|          | Systems learning                  | Learning stimulated by participation in activities such as setting practice standards, patient safety, continuous quality improvement; curriculum development; assessment tools and strategy development; examination board membership; or peer review. | • Clinical practice guideline development  
• Quality care/patient safety committee  
• Curriculum development  
• Examination development  
• Peer review | 20 credits per year  
15 credits per year  
15 credits per year  
15 credits per year  
15 credits per year |
|          | Knowledge assessment               | Programs approved by Royal College accredited CPD provider organizations that provide data with feedback to individual physicians regarding their current knowledge base, enabling the identification of needs and development of future learning opportunities relevant to their practice. | • Accredited self-assessment programs | All assessment activities are 3 credits per hour |
|          | Performance assessment             | Activities that provide data with feedback to individual physicians, groups or interprofessional health teams related to their personal or collective performance across a broad range of professional practice domains. Performance assessment activities can occur in a simulated or actual practice environment. | • Accredited simulation activities  
• Chart audit and feedback  
• Multi-source feedback  
• Direct observation  
• Feedback on teaching  
• Annual performance review  
• Practice assessments |