

Frequently Asked Questions – Michener’s additional requirements for students after return from international travel (including to the United States)

NOTE: If you are a student and develop **any** symptoms consistent with COVID-19 (even if mild) **OR** receive a positive result from a rapid antigen test, you must **immediately** get a PCR test, self-isolate at home and report to Health Services: healthservices@michener.ca.

1. Why is Michener implementing these additional requirements?

Michener is implementing these additional requirements to keep learners, colleagues, staff and visitors as safe as possible given the evolving situation around the newly identified COVID-19 variant of concern (VOC) Omicron.

At this time, the majority of cases are travel-related. Michener has a responsibility to mitigate the risk of exposure and/or outbreaks from staff and students who may be travelling over the holiday season.

Michener continues to discourage travel outside of Canada. However, travel is an individual choice. We ask that you follow the additional requirements upon your return.

2. Who are these requirements for?

These requirements apply to all Michener students. Staff are required to followed slightly modified processes, which have been communicated directly to them.

3. Is Michener asking me to cancel my travel plans?

No. However, any Michener students with plans to travel should:

- Follow the federal guidelines for international travel.
- Be aware that travel restrictions and/or guidance may change without notice as more information about Omicron becomes available.
- Follow Michener’s additional requirements for travel outside of Canada to countries **not** under restriction:

Before departure:

- a. Arrange with your program Chair before departure if you plan to learn from home for the 14 days after your return.
- b. Notify healthservices@michener.ca and your program Chair by email that you intend to travel. Clinical students must inform their clinical site ahead of any planned international travel.

After your return from travel:

The previous requirements for reporting international travel and testing rigorously afterwards are no longer required due to concerns for preserving rapid and PCR testing. Travel is still discouraged and please adhere to federal and local regulations, including ongoing changes. Self-monitoring is required.

Note: If you travel to the countries currently under restriction (search by destination) you must follow public health and federal guidelines and quarantine for 14 days after return to Canada.

4. How long will Michener's additional requirements be in place?

The additional requirements for Michener students and staff returning from international travel are temporary, but we don't yet know how long they will be in place.

5. I am travelling to the United States, do Michener's additional requirements apply to me?

Yes. Michener's additional requirements apply for travel to all countries that are not under restriction as well as the United States.

Michener's additional requirements are different from the current guidance from the Government of Canada for travelers to the United States.

Anyone travelling to the countries currently under restriction (search by destination) must follow public health and federal guidelines and quarantine for 14 days after return to Canada.

6. I plan to travel outside of Canada in the next few weeks, what should I do?

Notify your program Chair and healthservices@michener.ca of your plans to travel.

Michener recommends staying home for 14 days after return from travel, if possible. You must speak to your Chair before departure to arrange to stay home.