Topic 1: Defining Digital Compassion

Reflection Questions on the Individual Level:

- What does digital compassion mean to you?

- How can healthcare professionals strike a balance between compassion and maintaining professional boundaries when using digital technologies in patient care?

- How can we promote equity, inclusion and accessibility as we increasingly work in digital environments?

Reflection Questions on the Organizational Level:

- Are there barriers to providing digitally compassionate care in your organization?

- Is the concept of digital compassion valued by leadership within your organization?

Reflection Exercise: Reflect on a time where you experienced or did not experience compassion in a digital health care context/setting

- What would you do differently?

References

1. Hodges, Brian D., Gail Paech, and Jocelyn Bennett, eds. Without compassion, there is no healthcare: Leading with care in a technological age. McGill-Queen's Press-MQUP, 2020.

2. Strudwick G, Zhang T, Inglis F, Sockalingam S, Munnery M, Lo B, Singh Takhar S, Charow R, Wiljer D. Delivery of compassionate mental health care in a digital technology-driven age: protocol for a scoping review. BMJ Open. 2019 Jul 23;9(7):e027989. doi: 10.1136/bmjopen-2018-027989. PMID: 31340962; PMCID: PMC6661656.