Further Learning Exercises

The exercises in this section are designed to support your learning. They focus on each of the Digital Compassion Domains to dig deeper into and are organized by each module with the related Digital Compassion Domains.

With a simple exercise you can delve further into the Digital Compassion Domains to identify how it may relate to your everyday experience and work.

Table of Contents:

Module Specific Further Learning

Module 2: Enhancing Care with Digital Literacy & Considering the Ethical Implications

Digital Compassion Domain: Digital Literacy

Exercise: Identify three digital health tools you use or plan to use in your practice. Describe their functions, how they enhance patient care, and how they could be optimized for patient care:

Tool 1:

    A) Features and functions
    B) Benefits
    C) Optimized

Tool 2:

    A) Features and functions
    B) Benefits
    C) Optimized

Tool 3:

    A) Features and functions
    B) Benefits
    C) Optimized

Domain: Ethical Considerations

Exercise: Reflect on a potential ethical dilemma involving digital tools in healthcare, particularly with marginalized patient populations. Describe the situation and how you would address the ethical concerns.

Ethical Dilemma:

Addressing Concerns:

Module 3: Creating a Trusting & Collaborative Environment

Domain: Collaboration and Co-Design

Exercise: Identify a potential collaborator (e.g., a caregiver, an AI developer, or another healthcare professional). Outline a collaborative project to develop or improve a digital tool that considers the diverse needs of your patients.

Potential Collaborator:

Collaborative Project Plan:

Considerations for Patients:

Module 4: Fostering a Digital Therapeutic Relationship Through Engagement & Feedback

Domain: Therapeutic Relationship

Exercise: Provide an example of how digital tools have positively impacted your therapeutic relationships with patients. What steps can you take to ensure digital tools enhances rather than detracts from these relationships, especially with diverse patient populations?

Example:

Steps to Enhance Relationships:

Module 5: Mitigating Risk & Safety Considerations in the Virtual Care Ecosystem

Domain: Patient Safety

Exercise: Identify three potential risks of using digital tools in patient care and describe how you would mitigate these risks, considering the diverse needs and safety concerns of your patients.

Risk 1:

Risk 2:

Risk 3:

Mitigation Strategies:

Considerations for Diverse Patients:

Domain: Technology Safety

Exercise: Outline the safety protocols you would implement when introducing a new digital tool in your practice. Include considerations for data security, patient privacy, and the needs of patient populations.

Safety Protocols:

Data Security Considerations:

Patient Privacy Measures:

Considerations for Diverse Patients:

Reflecting on the course as a whole

After reviewing each module, take a step back and think about the course overall and consider the following questions.

1. Are there any topics that you would like to explore further?
   a. Which one(s)?
   b. Why?

2. Which skills do you think would help you in delivering compassionate care in digital healthcare ecosystems?
   a. Did the course help you develop these skills? What could you do to improve these skills?